The future of work

Investor Presentation June 2019



Presentation team



Octavius Black Chief Executive Officer

- Co-founded Mind Gym at his kitchen table in 2000
- Co-authored Mind Gym's four books
- Prior to Mind Gym: Director for organisational communication consultancy Smythe Dorward Lambert (sold to Omnicom 1996); Analyst at Booz | Allen | Hamilton



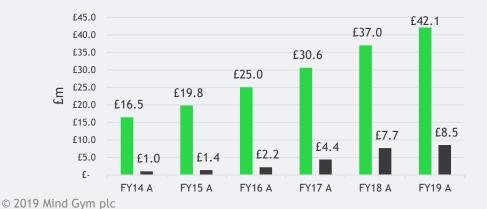
Richard Steele Chief Financial Officer

- Joined Mind Gym in March 2018
- 30+ years industry finance experience; started career at Tate & Lyle
- 11 years as FD including Cook Trading Ltd and White Stuff Ltd

Mind Gym snapshot

Leading behavioural science company delivering business improvement solutions to companies across the world.

- Founded by Octavius Black and Dr Sebastian Bailey, in London in 2001,
- Offices in London, New York, Houston, and Singapore
- over 200 employees and a network of coaches across the world, delivering in over 60 countries.
- Provides integrated culture and behaviour change solutions to blue-chip organisations across the globe by deploying a blend of proven, bite-size live and digital experiences using a highly scalable methodology.



Revenue & Adj. EBIT

Investment summary

Vast growing market

- Global L&D market \$240bn
- Growing at 9% per annum

Scalable business model

- Over 300 bite-size products; 18 years of IP
- Global network of accredited freelance coaches
- 79% of revenue is 'highly scalable'

Strong growth record

- 5-year revenue CAGR +21%
- 5-year adjusted EBIT +32%
- Adjusted EBIT margin 20%+

Operational rigour

- Experienced COO
- Infrastructure and data to underpin growth

Top-tier client relationships

- C-suite and C-1 strong relationships
- 62% of FTSE 100 and 59% of S&P100 clients.

Distinctive digital strategy

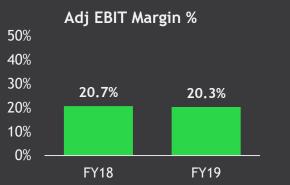
- Launched 2018
- 78 bite-size complementary e-workouts
- 137,000 sessions to March 19

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Financial highlights (1)

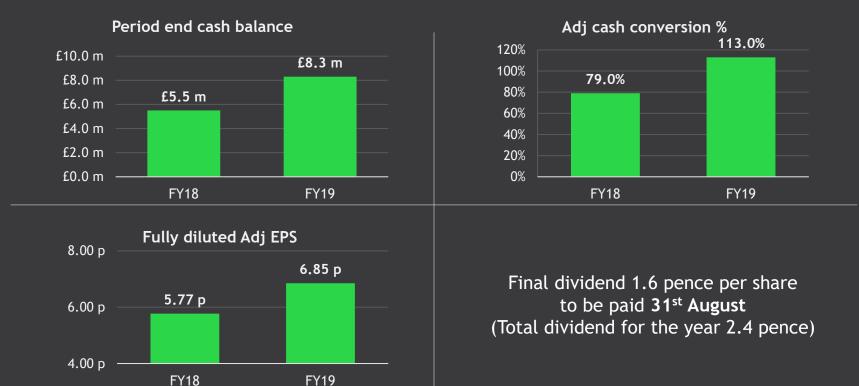






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Financial highlights (2)

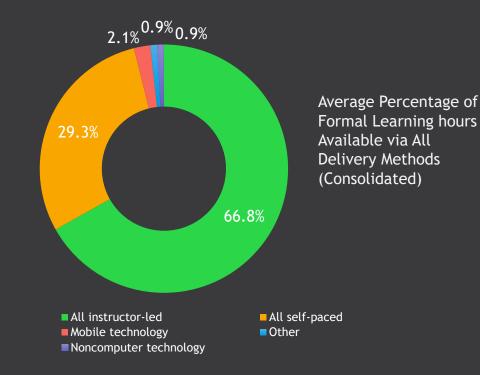


Who's Mind Gym?

mindgym

Market overview

- \$240bn corporate L&D market growing at 6% 5-year CAGR
- 49.7% for behavioural learning, which can be addressed by Mind Gym
- Market still dominated by live delivery, despite strong digital growth
- Behavioural science comes of age
- Market made up of
 - A few, large, global consultancies
 - Tens of thousands of small training companies and niche HR consultancies
 - Very few mid-size



2018 State of Industry Report

Proposition



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Point of view on 15 universal human capital challenges

Leadership	Ways of working	Effectiveness	Transformation
Performance Management	Diversity & Inclusion	Customer Service	Reorganization
Manager Development	Ethics	Sales	Culture
Executive leaderships	Respect	Personal Effectiveness	Change
	Wellbeing	Onboarding	Employee Engagement

Over 300 products in 12 categories





Live

Action



Q

Diagnostic







Toolkit





Marketing

Addressing market trends

Market trend	Mind Gym positioning
Grounded in behavioural science	All content sourced from peer-reviewed behavioural science; all courses designed by psychologists
Blended: instructor-led and digital	Integrated portfolio of 300 products that are both instructor-led and digital
Agile	Proven products ready to deploy and adapt as circumstances change. From standing start to deliver in a few days.
Bite-size	Core products are 90-minute workouts, which deliver same impact as traditional day-long, and 10 min eWorkouts
Consistent quality, globally, at scale	Track record with 2m+ professionals; local coaches in 30 countries
Fewer, key suppliers	Established relationships; relative size; credibility as public company
Proven to work	Case studies that demonstrate business impact and high levels of repeat purchase from blue chip clients

Performance management

Challenge

- Coca-Cola found no difference in business outcomes for divisions who followed their rigorous performance management approach and those that didn't
- Overhauling the system on its own wasn't enough behaviour change was needed to enable honest feedback and stretching goals

Mind Gym's Approach

We delivered over 300, 90-minute workouts that focused on feedback, courageous conversations and goal setting.

Sessions delivered virtually to achieve:

- Speed
- Geographic reach
- Cost-effectiveness
- Negligible environment impact

Results

- 96% of managers who participated in the programme committed to use what they learned
- This was the first time the virtual format had been used in Coca-Cola and it was such a success that the client is now using Mind Gym coaches for virtual delivery on a much wider range of topics

"We needed a strong partner to build not only a learning plan but a change plan to build belief in a new approach to enabling performance. That partner was Mind Gym. Two years later, we can look back through measurable data to determine that the journey to build belief and change our culture around enabling performance was a success".

Mark Kaestner, Global Director, Learning, Leadership and Executive Development, The Coca-Cola Company



Executive Leadership



Challenge

- ING's strategy, "Thinking Forward", focuses on anticipating future trends
- This required strengthened capabilities for the top 300 leaders
- Traditional leadership development programmes would have built knowledge, not changed behaviour

Mind Gym's Approach

- 1. Intensive Two-day, face-to-face workshop on skills, barriers and practical techniques
- Bite-sized Distributed two hour bite-size forums on managing relationships
- 3. Nudge

Seven months of nudges, some digital, to reinforce lessons and habits

4. Social

Network developed to support leaders in new habits (e.g. PAs on scheduling)

Results

- 90% of pilot participants recommended it for colleagues
- 80% said it was much better than any other leadership programme they had attended
- ING has engaged Mind Gym to refine the programme and deliver it to the next layer of 4,500 leaders across the bank

"I am delighted with the partnership we built with Mind Gym, since they share our focus on measurable performance improvement and infuse our programme with deep thinking and great experience in bringing about behavioural change". Hein Knaapen, CHRO, ING

Manager development



Challenge

- Schneider Electric's ambition is to lead in the digital transformation of energy management and automation
- Despite investing about 5% of revenue in R&D, the business recognised that it also needed to create a culture where people's energy was freed up to sell and innovate
- To do this, the team focused on strengthening their leaders' skills in empowering and motivating their teams

Mind Gym's Approach

- Schneider Electric selected Mind Gym to build a high performance leadership skills series. The focus was not just on training, but behavior change to create the new culture
- The scale was challenging: with 20,000 people managers in 80 countries and speaking seven languages, we needed to create a behavioural shift that was high impact but easily scalable quickly
- Mind Gym's bite-size approach and certification of Schneider Electric trainers was the perfect solution

Results

- 96% net satisfaction for participants, with 91% stating that it was a worthwhile investment for Schneider Electric to make
- Many success stories, including one where the skills covered in the program contributed to the Schneider team winning a multi-million dollar contract for an 'industry 4.0' factory

"Schneider Electric is leading the digital transformation of energy management, and we needed an innovative partner to help us embed a culture that drives performance and transformation. Mind Gym's grounding in behavioural science and their ability to deliver quickly at scale proved the perfect combination. We're delighted with the results." Global VP Leadership Academy

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FY 19 performance review



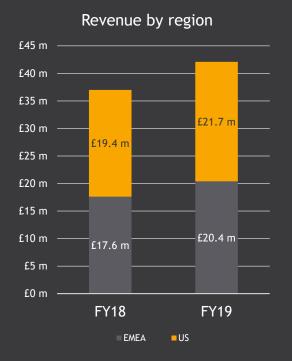
FY19 Operating highlights

- Revenue growth fuelled by existing clients (84% repeat revenues¹) and new client acquisition
- Digital revenues grew by 72% to 9% of total revenues
- Average number of staff grew by 13% to 208
- Product innovation included: "JQ" diagnostics tool, 13 more e-workouts, successful launch of "Respect", customer service development
- Senior team investment with COO appointment
- Participant feedback (quality) improved



¹ defined as clients who have purchased in 1 or more of the preceding 3 years.

FY19 revenue well balanced across regions





Grou

14% YOY increase (13% constant currency) 84% "repeat revenue" (2018:88%) c 600 clients served in over 60 countries

Regions

12% US growth 16% EMEA growth EMEA 48% of Group

Mix

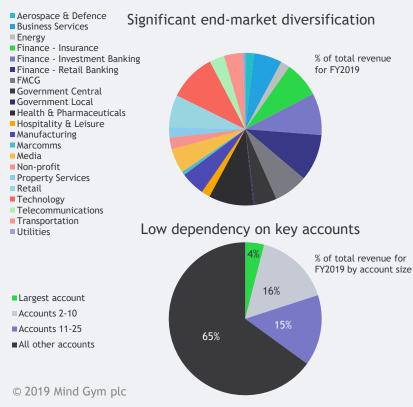
Digital up 72% to £3.6m 13 new e-workouts 137,000 e-sessions

Coach-led delivery 59% (2018: 61%)

79% of revenues highly scalable

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<u>Revenue continues to be well diversified and</u> with high repeat spend



Total revenue mix: repeat vs. new clients



Repeat defined as brought in one or more of prior 3 years New Client Revenue

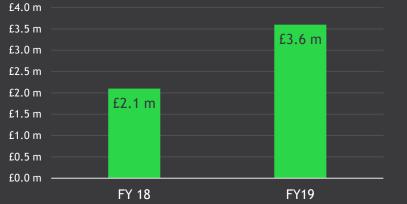


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Buying history top 50 clients (FY19)



- New product range of e-workouts introduced at the start of FY18.
 45 topics increased to 78 by the start of this financial year (FY19)
- Well received by existing clients as well as providing a means to attract new clients
- 137,000 e-sessions to date, 50% in Diversity & Inclusion
- Translated into 10 languages



Digital revenue +72%



Case study

US airline introduced a package of 4 e-workouts to support their Diversity & Inclusion programme.

It was made available to 5,000 managers on an entirely optional basis.

70% chose to complete them all and everyone who did rated them 4 or 5 stars.

This compares with a typical take-up rate of single figure percentages.

13% increase in average headcount to support growth

Client team (Sales)

 Client team accreditation on point of view (PoV) and products

Marketing

Operations

Talent Network

- Sales enablement for rapid proposal development
- Solutions strategy expertise

Infrastructure

- Management
- Finance
- HR
- lice
- IT

=

53 223 Employees in UK, US & Singapore

*Headcount as at March 2019

Creative

50

66

- 300+ proven products
- Unique design methodology
- Codified versioning
- Robust innovation process

Client Service

- Portal delivers automation
- Streamline fulfilment process
- Significant outsource operations



Business Review: Quality & Talent

Quality

Maintained excellent quality, as measured by both participants and industry recognition.

- New internal data analysis is driving improved matching of coaches to deliveries
- Coca-Cola Brendon Hall award in the US for best advance in performance management through their partnership with Mind Gym
- Shortlisted for the UK 2019 Learning Company of the Year

Talent

- Average headcount across the business increased by 13%
- Investment in manager development programme and coaching
- Launched employees' share scheme called the Mind Gym plc Share Incentive Plan (SIP)

Participant feedback



FY19 Financial breakdown

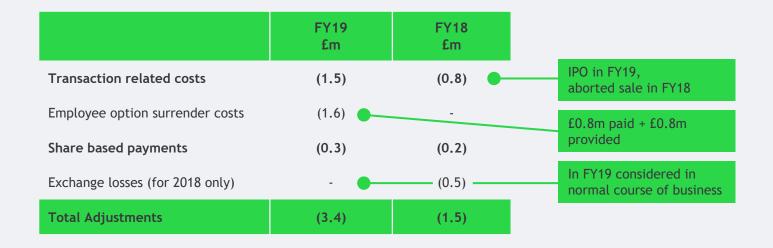


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FY 19 Financials - P&L

	FY19 £m	FY18 £m	Change	13% in constant of
Revenue	42.1	37.0	14%	
Gross profit margin	80.6%	79.3%		More digital in sa (9% v 6%)
Gross profit	33.9	29.3	16%	
Staff costs (excl Share based pay)	(18.9)	(16.2)	17%	_
Other admin costs	(6.5)	(5.4)	20%	Investment for g
Adjusted administration costs	(25.4)	(21.6)	18%	client and opera roles
Adjusted EBIT margin	20.3%	20.7%		
djusted EBIT	8.5	7.7	12%	
Adjustments	(3.4)	(1.5)		
Operating profit	5.1	6.2	-17%	See next slide
Tax	(1.2)	(1.8)		
Profit after tax	3.9	4.4	-10%	See separate slid
eps-Adjusted diluted (pence)	6.85	5.77	19%	
eps-basic (pence)	4.08	4.94	-17%	
Post IPO div per share (pence)	2.40	n/a		

FY 19 Financials - Adjustments



FY 19 Financials - Tax

	Adjusted £m	Adjustments £m	FY19 Reported £m	Adjusted £m	Adjust £
Profit before tax	8.5	(3.4)	5.1	7.7	(1
Tax	(1.7)	0.5	(1.2)	(1.8)	
Profit after tax	6.8	(2.9)	3.9	5.9	(1.
Effective tax rate	19.5%	14.4%	23.0%	23.3%	
		•			
		saction costs not uctible	tax		

7.7	(1.5)	
(1.8)	-	
5.9	(1.5)	
23.3%	-	

FY18 Reported

£m

6.2

(1.8)

4.4

29.0%

FY 19 Financials - Balance Sheet

	FY19 £m	FY18 £m	Trade receivable & accrued income days
Intangible assets	0.4	0.3	down 12 days to 100 days
Property, plant and equipment	0.1	0.1	FY18 DT asset has now
Deferred tax assets	0.6	2.0	become current tax
Non-current assets	1.1	2.4	
Inventories	0.1	0.3	
Net trade receivables	10.3	7.7	Overdue debt down from 44% to 23% of total
Accrued income	1.3	3.7	44% to 25% of totat
Other receivables and prepayments	1.1	0.4	Accrued income days
Current tax receivable	1.2	0.1	improve from 37 days to
Cash and cash equivalents	8.3	5.5	11 days
Current assets	22.3	17.7	
			£1.2m of UK FY18 tax is now recoverable
Total assets	23.4	20.1	now recoverable
Trade and other payables	(8.8)	(7.3)	
Provisions	(0.8)		£0.8m provision for option surrender cost
Current tax payable	(0.2)	(0.6)	option surrender cost
Total liabilities	(9.8)	(7.9)	
Net assets	13.6	12.2	

FY 19 Financials - Cash Flow

	FY19 £m	FY18 £m	
Adjusted profit after tax	6.9	5.9	
Depreciation and amortisation	0.2	0.2	
Tax charge	1.6	1.8	£1.1m inflow from
Working capital - receivables and inventory	(0.6)	(1.9)	working capital
Working capital - payables and other	1.7	0.2	improvement
Adjusted cash generated from operations	9.8	6.2	
Adjusted cash conversion	113%	79%	Adjusted cash generated from operations
Adjustments after tax	(2.9)	(1.5)	Adjusted EBITDA
Tax credit on adjustments	(0.5)		Adjusted EDITEA
Adjustments not paid	0.8		Provision for option
Share based pay charge	0.3	0.2	Provision for option surrender cost
Cash generated from operations due to Adjustments	(2.3)	(1.3)	Surrender Cost
Cash generated from operations	7.5	4.9	
Tax paid	(0.6)	(2.4)	
Capex	(0.3)	(0.3)	
Shares issued	0.2		
Dividends paid	(4.0)	(0.3)	£3.2m pre-IPO and £0.8m interim dividend
Reported cash generated	2.8	1.9	
Opening cash	5.5	3.6	
Closing cash	8.3	5.5	

FY20 Drivers for growth



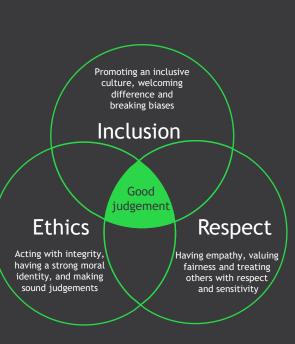
New product category - Diagnostic

JQ

- Developed by Mind Gym in response to #me too, gender pay gap, misconduct
- On-line psychometric diagnostic that benefits the individual as well as the company
- Proposition includes hosting platform
- Includes report of findings
- Further opportunities to sell customised learning journey
- Soft launch in March 2019

Case Study

- 1600 people taken part
- Exceptionally high response rate c.80% (normally 30-40%)



Potential

- Build new diagnostics for different topics, eg, Manager Quotient (MQ)
- Use data to drive client investment decisions
- Provide aggregated data as a standalone service

Mind Gym - The Judgeme (Demo)				ſ	nindgym
Diagnostic Assessment					Page 4 of 7
5. Think about how you view others at work, a	is you answer the Strongly Disagree	following que Disagree	estions Neutral	Agree	Strongly Agree
At work, some people are more important than others.	0	0	0		0
To be honest, working with people who are very different to me is not worth the effort.	0	0	0		0
I prefer to stick with the familiar.	0	0	0	0	
At work, my colleagues seek out my judgement for complex problems.	0	0		0	0
At work I stay within my close group of friends.	0	0	0	0	
I don't rely on gut instincts when forming an opinion about someone.	0		0	0	0

Digital expansion

10 more e-workouts in development

- Develop richer experiences for top selling products
- Incorporate more behaviour change techniques to continue differentiation

Deepen our connection with participants through a 'Coach bot'

- Initially for feedback collection from live sessions creating better participant experience and reducing operating costs
- Prompts, tips and insights will then be delivered through the bot or an app

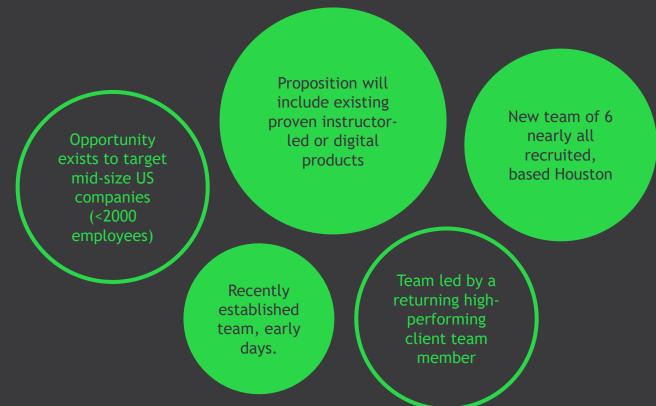
New LMS/platform to be introduced H2 FY20

- Integrates Mind Gym's high quality content, with quality software platform
- Address need from midmarket clients with no platform or enterprise clients with poorly functioning platform

Complementary diagnostics tool launched FY19 Q4 (see next slide)

 Based on positive early response from the market, new diagnostics can be developed for different solutions

US Mid-market trial

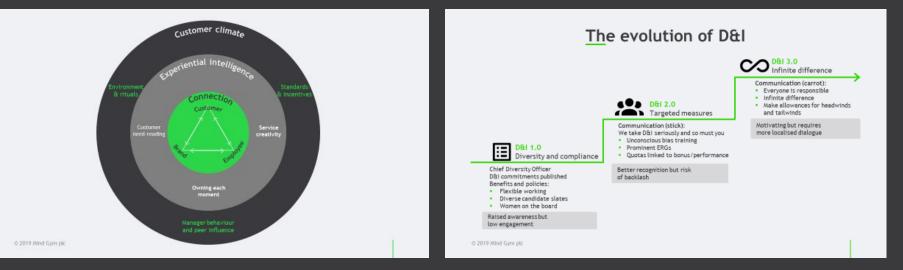


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New/renewed propositions

New proposition Customer service

Renewed proposition Diversity & Inclusion 3.0



Deepening client relationships

 62% of FTSE 100 and 59% of S&P100 clients since inception Build on existing C-suite and C-1 strong relationships Complementary digital offer extends programme reach New large client wins in FY19 offer opportunity to increase in FY20

Executive sponsor focus to support client team on converting opportunities

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NAL GROSS

30.480 KGS 67.200 LBS 3.710 KGS 8.180 LBS

32.500 E 2.600 E

21.120 K 61.540 L 61.7 GL 2.340 GL

Board structure



Chief Executive Officer



Joanne Cash Board Chair



Richard Steele Chief Financial Officer



Seb Bailey. Ph.D Executive Director

- Co-founded Mind Gym with Octavius Black
- Co-authored Mind Gym's four books
- BSc in Psychology with Cognitive Science from University College London
- PhD in Psychology and Education from University of Bristol



- Advisor to Chair and CEO
- Partner at Accounting firm Dixon Wilson, serving as senior Partner from 2008-2018
- NED on the Board of DMGT since 2009
- NED on a number of private companies



Baroness Harding Senior Independent

Non-Executive Director

- Deputy Chair of The Court of the Bank of England and Chair of NHS Improvement
- Chief Executive of TalkTalk Telecom Group plc from 2010 to 2017
- Served on the boards of The British Land Company plc and Cheltenham Racecourse
- Has held senior roles at Sainsbury's and Tesco



Sally Tilleray Independent Non-Executive

- Director
- Group COO and FD at Huntsworth plc from 2004 to 2014
- Non-Executive Chairman at Cognito Europe since 2016
- Previously CFO Europe for Predictive Inc., an IT network consulting business which floated on Nasdaq in 2000

Management team (MGX)



Octavius Black Chief Executive Officer

- Co-founded Mind Gym with Sebastian Bailey
- Co-authored Mind Gym's four books
- Co-founded Parent Gym (Mind Gym's philanthropic arm) with Joanne Cash



Mary-Clare Race President, Mind Gym Inc.

- Leader of Mind Gym's innovation and product development
- Chartered Organisational Psychologist with a PhD from University College London
- Joined Mind Gym October 2014

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Seb Bailey. Ph.D Executive Director

- Co-founded Mind Gym with Octavius Black
- Co-authored Mind Gym's four books
- Chair of Mind Gym's Academic Board of Professors
- BSc in Psychology with Cognitive Science from University College London & PhD in Psychology and Education from University of Bristol



Ryan Boughan Chief Commercial Officer, Americas

- Leader of Mind Gym's Sales and Client Services teams in the US
- Key sponsor for Mind Gym's largest and most complex US Clients
- Previously worked at The Corporate Executive Board - another learning business
- Joined Mind Gym January 2011



Richard Steele Chief Financial Officer

- Joined Mind Gym in March 2018
- 30+ years industry finance experience; started career at Tate & Lyle
- 11 years as FD including Cook Trading Ltd and White Stuff Ltd
- Joined Mind Gym March 2018



David Turnbull Chief Operating Officer

- COO of Heidrick Consulting from 2015-2018
- Consultant and then Global Manager of Organisation Practice at McKinsey & Co. 2000-2015
- Economist then Chief Economist at Bannock Consulting 1993-2000
- Joined Mind Gym November 2018

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Academic Board

Alumni



Guv Claxton (Chair)

Professor of Learning Sciences at the University of Bristol. Author of more than twenty books including the best selling 'Building Learning Power'. His Building Learning Power approach has been influential in schools in many countries as well as throughout the UK.



Michelle Rvan Professor of Social and Organisational Psychology.

Elaine Fox

Professor of

Affective

Psychology and

Neuroscience at

University of Oxford.



Robert Bor Director, Clinical Team Lead and Subject Matter Expert at The Centre for Aviation Psychology.



Ingrid Lunt Professor Emeritus Green Templeton College, Oxford University. Previously President of the BPS.



Tomas Chamorro-Premuzic

CEO of Hogan Assessment Systems, Professor of Business Psychology at University College London (UCL), and visiting Professor at Columbia University. An international authority in people analytics. Author of 10 books and over 150 scientific papers with a media career comprising of over 100 TV appearances.



Sophie von Stumm

Associate Professor in Developmental Psychology at the London School of Economics. Founder and leader of the Hungry Mind Lab, she has published more than 40 peer-reviewed journal articles and book chapters and developed two smartphone apps.



Janet Reibstein Professor Emerita in Psychology at the University of Exeter.

Peter Robinson **Emeritus** Professor in Experimental Psychology, University of Bristol.



Dr Ilona Boniwell Dr Ilona Boniwell heads the International MSc in Applied Positive Psychology (I-MAPP) at Anglia Ruskin University.

Michael West

Professor at Lancaster

University Management

School.



Sir Gary Cooper 50th Anniversary Professor of Organizational Psychology and Health at the Manchester Business School, University of Manchester.



Strong Academic Relationships

World-renowned Professors who have spoken or written on Mind Gym platforms



Jonathan Haidt

Professor of Ethical Leadership at New York University's Stern School of Business. Known in the popular press as a 'moral psychologist' he is the author of 'The Happiness Hypothesis' and 'The Righteous Mind'.



Kenji Yoshino

Professor of Constitutional Law at NYU School of Law and the Director of the Center for Diversity, Inclusion, and Belonging. Talks widely in the media about the intersection of law and diversity. Author of 'Covering'.



Adrian Furnham

Professor of Psychology at University College London. He has written over 700 scientific papers and 57 books including



Noreena Hertz

Renowned thought leader with bestselling books. The Silent Takeover. IOU: The Debt Threat and Eyes Wide Open. She advises a select group of the world's leading business and political figures on strategy, economic and geopolitical risk, digital transformation, Generation K and millennials.

Kevin Dutton

Research psychologist at the Department of Experimental Psychology, University of Oxford. He is an affiliated member of the Royal Society of Medicine and of the Society for the Scientific Study of Psychopathy.



Paul Dolan

Head of Department and Professor of Behavioural Science in Psychological and Behavioural Science at the London School of Economics and Political Science. He is a best selling author and an internationally renowned expert on happiness, behaviour and public policy.



Herminia Ibarra

Charles Handy Professor of Organizational Behavior at London Business School. Prior to joining LBS, she served on the INSEAD and Harvard Business School faculties.

'The Elephant in the Boardroom: The Psychology of Leadership Derailment'.

Proven product portfolio

Change	Ignite in
Building belief 🛛 🔍 🗢	Knowing
Change agility 🛛 🗢 🔿 🔳	Le ading
Cresting the curve 🛛 🔍 🖷	Microme
Delivering change 🛛 🔍 🗢	Minus th
Ever ready 🛛 🗢 🗢 🔿	One of u
Finding the pearls 🛛 🔍 🗢	The in c
Leading (other people's) change 🛛 🗎	Employ
Le arnatics	Managin
Customer experience	Me, me,
Affinity and beyond	Stress b
Compelling case 🛛 🖷 🗢 🔿	Team sp
Critical moments	Bounce
Customer compass	Ethics
Customer connection	Barrels
Experiential leadership	Before t
Having presence • • •	Good bu
Read the need •	Good de
Negotiation 🛛 🔿 🐡	In fairne
Power persuader	Me Inc
Sense and credibility	No regre
Show me the value	Scruples
Take the wheel	_
Trust me • • 0	Manage A tour o
Diversity and inclusion	Buddy t
Building bridges	Busines
Hearing what people say	Challeng
Liegung what beoble say	Challeng

gnite inclusion		
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eading inclusively		
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Before the fall		
Good business		
bood decision		
n fairness		
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lo regrets		
cruples		
standing firm		
1anagement development		
tour of your mind		
luddy to boss		
Business brain		_
hallenging messages		

Coach	- B
Collaborative solutions	0 * 0
Conflict handling	0 + 0
Create your own luck	0 = 0
Different perspectives	
Direct	× 8
Dynamic delegation	
Energize	
Execute	
Fleeting meetings	
Follow me	
Getting things done	
Innovate	* 8
Inspire	
Make it happen	0 = 0
Motivate	
Relate	• E
Remote control	
Shaping futures	
Storytelling	
The big picture	
Thrive	* 8
Unleash your creativity	
Your Impact on others	
Onboarding	
First 100 days	0 *

Performance management	
Courageous conversations	
Fantastic feedback	0
Find your mojo	
Give me strength	
Goal setting	
Great feedback	
Held to account	
Home truths	
Make It matter	
Pathfinder	
Peak performance	
Performance coaching	
Performance mgmt—why bother?	
Play to strength	
Rate success	
Rewarding	
Right writing	0.*
True grit	
U-turn performance	
Personal effectiveness	
@VirtualWork	
At the top of our game	
Confidence	
Conflict detax	
Create your own future	
Creativity for logical thinkers	
Extra time	

Generating creative sparks	
Get connected	
Getting organized	0 =
Give me time	
Goal getting	
Impressing groups	•
Influence and persuade	
Managingexpectations	0
Networking	
Out of autopilot	
Partner for success	
Rapport building	
Real team	
Saying what you want	
Soft sell	
Sorted for stress	
Tricky people	
Wake up your mind	
Wood for trees	
Respect	
Respect me*	0 🖩
Call It out	0
Power control	0 8
Fair warning	. 0
Help at hand	• 0
*Compliant with CA and NY anti-harassm	ent legislatio



Participate

Activate



Engagement Visually engaging and thought-provoking comms campaign.



Diagnostic Online questionnaire measuring competence in desired behaviours. Features 360.

Workout Pro

180 minutes, face to face, 20 people. Immersive, practical with emphasis on peer learning.



Workout

90 minutes, face to face, 20 people. Fast paced, specific, with plenty of practice.



Virtual workout

90 minutes, virtual, 12 people. Designed to maximize learning on a virtual platform.



Go large 60 minutes, face to face, up to 1,500 people. Inspiring, interactive and mindset shifting.



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Go large virtual

60 minutes, virtual, up to 1,500 people. Inspiring, interactive and mindset shifting.



Live action

90 minutes, face to face, 20 people. Practice workout tools in a real-play scenario.



Dialogue group

60 minutes, face to face, 50 people. Peer coaching focusing on one personal challenge.



Mission

Face to face or virtual. Three action challenges to try back at work.

Booster



30 minutes, face to face or virtual. Revisit topic, hare success and coach through blockers.



Pledge

30 minutes, face to face or virtual. Make a meaningful public commitment to change.



Toolkit

Printed or digital. For managers of participants to coach through the programme

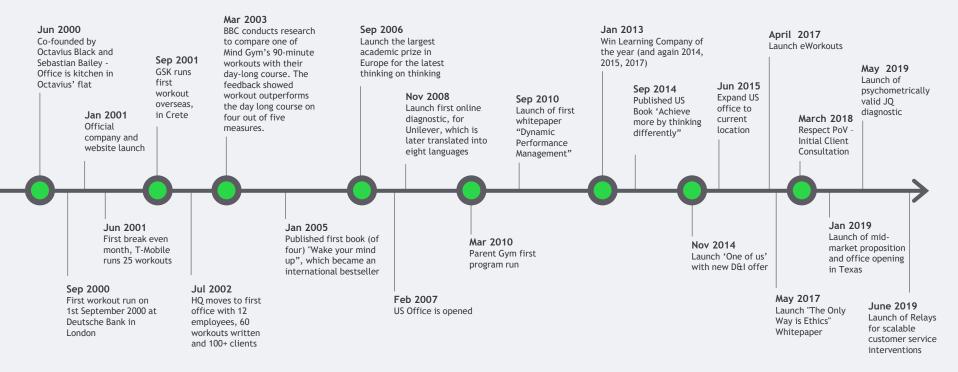


eWorkout

15 minute, online. Designed for interactive, self directed learning.

History of innovation and growth

Continuous cycle of thought leadership, product launches and industry recognition



Awards

2018

No. 36 on the Sunday Times Profit Track 100 2018 (Top UK private companies with the fastest growing profits)

Named a Top 10 Leadership Training Company by Training Industry

2017

Chief Learning Officer Learning in Practice Awards-Excellence in Content

Brandon Hall HCM Excellence Awards, Excellence in learning in partnership with Audi of America- Bronze Award

No. 151 on the Sunday Times International Track (Top UK private companies with the fastest growing international sales)

Top 20 Leadership Training watch list by Training Industry

The Learning Awards' Learning Provider of the Year

2016

Top 20 Leadership Training watch list by Training Industry

The Learning Awards' External Learning Project of the Year

No. 77 on the Sunday Times SME Export Track (UK's Top SME's with fastest growing international sales over the past two years)

2015

Chief Learning Officer, Learning in Practice Awards, Excellence in Vendor Partnership- Gold award

No. 16 on the Sunday Times SME Export Track (UK's Top SME's with fastest growing international sales over the past two years)

HR Distinction Awards, HR Consultancy of the Year-Shortlisted

Top 20 Leadership Training watch list by Training Industry

The Learning Awards, Learning Provider of the Year

2014

Personnel Today Awards- Consultancy of the Year

Chief Learning Officer, Learning in Practice Awards-Excellence in Vendor Partnership

CIPD People Management Awards, Best L&D Supplier- Finalist

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The Learning Awards, Learning Provider of the Year (Gold), External Training Solution of the Year (Bronze)

Training Journal Awards, Best Training Partner-Finalist

2012

The Learning Awards, External Learning Solution of the Year

2010

Management Today, Management Handbook winner Mind Gym: Wake your mind up.



Proven business impact

